

# ***Rapid LC-MS/MS Analysis of EtG/EtS and Barbiturates in Normal and Disease State Urine***

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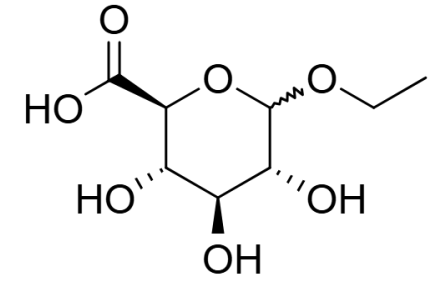
# Presentation Objectives

- Background and current challenges
- Benefits of reversed phase chromatography and particle choice
- Method Development
- Inclusion of negative mode drugs- barbiturates
- Conclusions

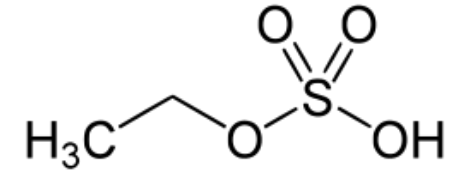


# Analytical Challenges

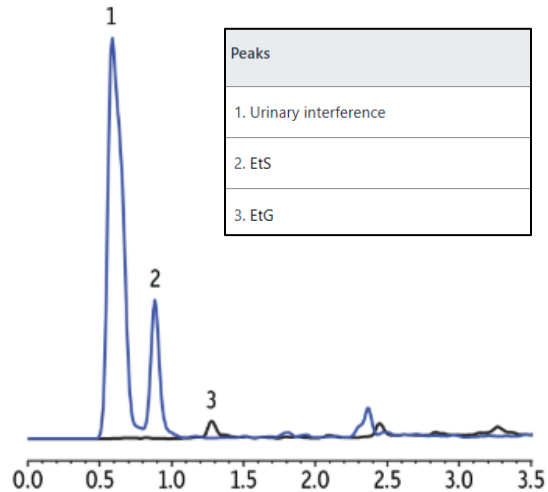
- Small, polar compounds, difficult to retain by reversed phase
- Urinary matrix interference isobaric to EtS
- Needs chromatographic resolution
- Adequate retention from matrix suppression/enhancement zones
- Biological matrix variability sample-to-sample
- IEX methods tend to need extensive pre-conditioning for proper performance



**Ethyl Glucuronide**



**Ethyl Sulfate**

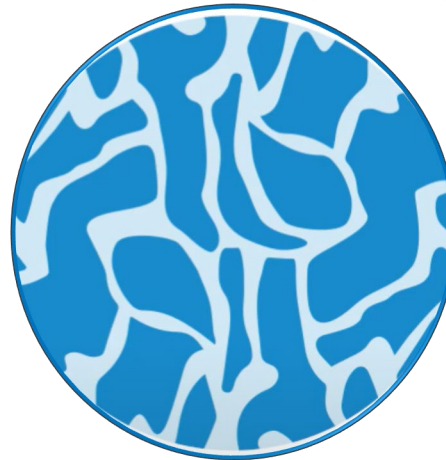


# Reversed Phase Method

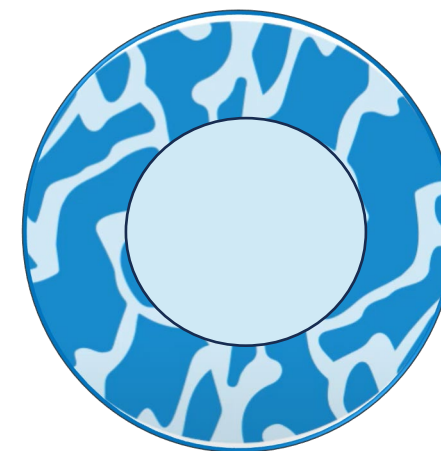
- Fully porous particle greater surface area
- Greater retention of analytes
- Allows for other panels to be ran on the same column
- Additional compounds can be analyzed in the same method...



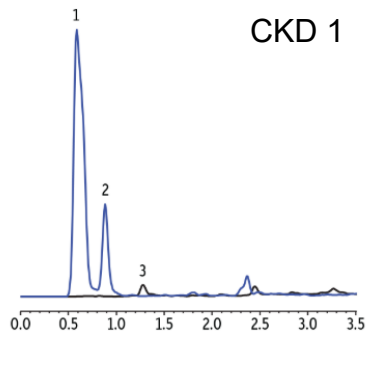
***Fully Porous  
Particles (FPP)***



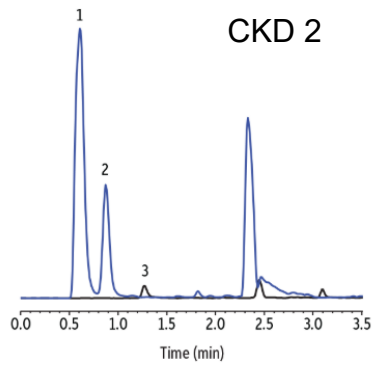
***Superficially Porous  
Particles (SPP)***



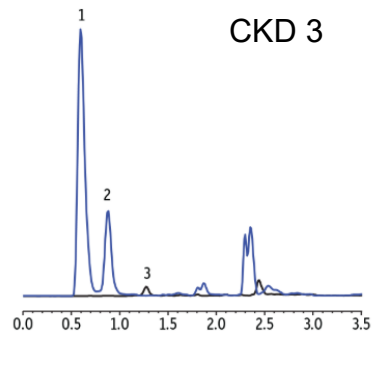
# Method Development: Column Choice



CKD 1



CKD 2

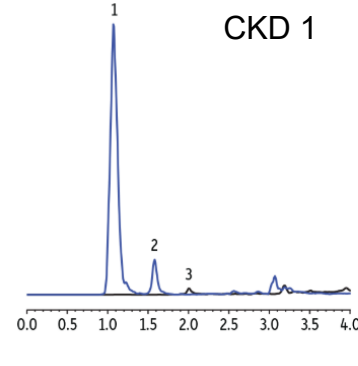


CKD 3

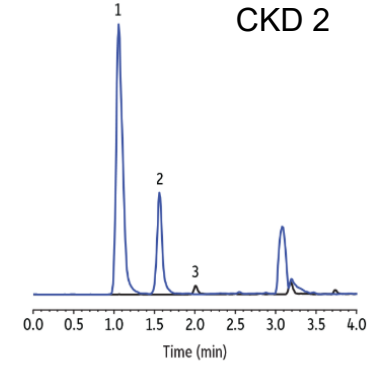
LC\_CF0844

| Peaks                   | t <sub>R</sub> (min) | Precursor | Product 1 | Product 2 |
|-------------------------|----------------------|-----------|-----------|-----------|
| 1. Urinary interference | 0.60                 | 125.0     | 80.1      | –         |
| 2. EtS                  | 0.88                 | 125.0     | 96.8      | 80.1      |
| 3. EtG                  | 1.28                 | 221.1     | 75.1      | 85.2      |

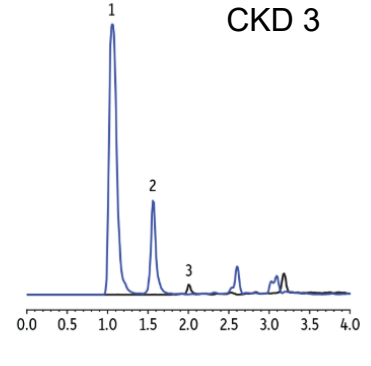
**50 x 3 mm, 3 μm**



CKD 1



CKD 2



CKD 3

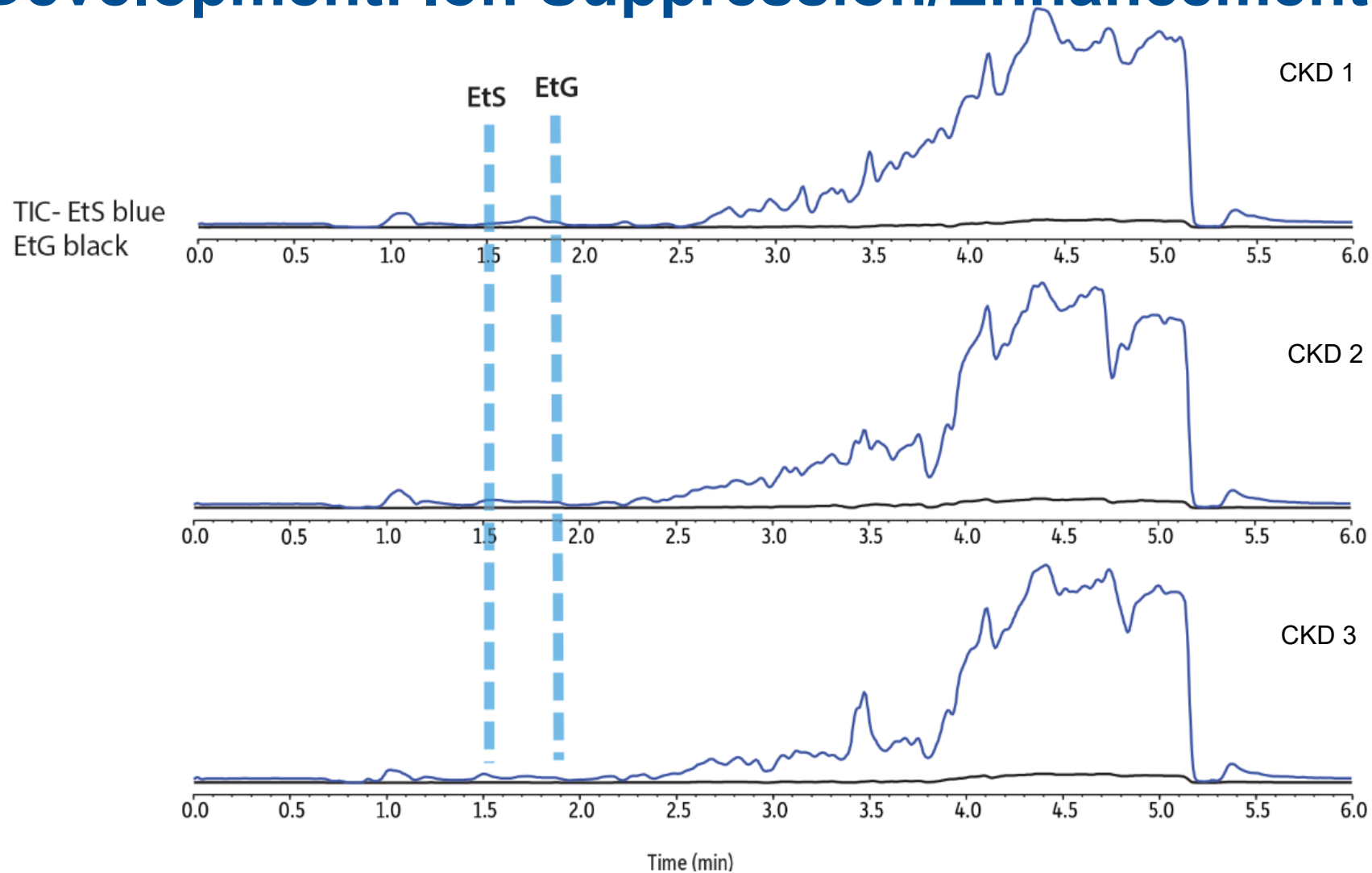
LC\_CF0845

| Peaks                   | t <sub>R</sub> (min) | Precursor | Product 1 | Product 2 |
|-------------------------|----------------------|-----------|-----------|-----------|
| 1. Urinary interference | 1.06                 | 125.0     | 80.1      | –         |
| 2. EtS                  | 1.56                 | 125.0     | 96.8      | 80.1      |
| 3. EtG                  | 2.01                 | 221.1     | 75.1      | 85.2      |

**100 x 3 mm, 3 μm**

**Force Biphenyl  
125.0>80.1 urinary  
interference**

# Method Development: Ion Suppression/Enhancement



***1 ng/mL EtG & EtS in solvent infused post column, simultaneous injection of CKD urine***

# Sample Prep

Urine (50  $\mu\text{L}$ ) aliquoted to 2 mL centrifuge tube, isotopically labeled IS added

Cold acetonitrile (150  $\mu\text{L}$ ) added to the tube, vortexed 30 seconds and centrifuged 10 mins 4200 rpm

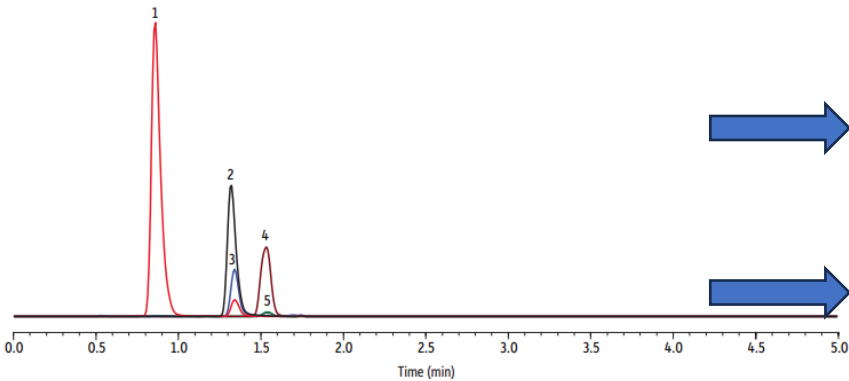
Supernatant (100  $\mu\text{L}$ ) was aliquoted to an autosampler vial and water (900  $\mu\text{L}$ ) added

Sample capped, vortexed 30 seconds and 10  $\mu\text{L}$  injection onto the LC-MS/MS



# Chromatographic Performance

| Peaks                   | tr (min) | Conc. (ng/mL) | Precursor | Product 1 | Product 2 |
|-------------------------|----------|---------------|-----------|-----------|-----------|
| 1. Urinary interference | 0.89     | -             | 125.0     | 80.1      | -         |
| 2. EtS-d5               | 1.34     | 1000          | 130.0     | 97.9      | -         |
| 3. EtS                  | 1.34     | 100           | 125.0     | 96.8      | 80.1      |
| 4. EtG-d5               | 1.54     | 2000          | 226.0     | 75.0      | -         |
| 5. EtG                  | 1.54     | 100           | 221.1     | 75.1      | 85.2      |



|                    |   |                    |     |
|--------------------|---|--------------------|-----|
| Column             | Force Biphenyl 100 mm, 3.0 mm ID, 3 µm (cat.# 962931E)  |                    |     |
| Guard Column       | Force Biphenyl EXP guard cartridge 5 x 3.0 mm ID (cat.# 962950253); an UltraShield UHPLC precolumn filter 0.2 µm frit (cat.# 25811) was installed before the guard cartridge. |                    |     |
| Column Temperature | 30 °C   |                    |     |
| Injection Volume   | 10 µL   |                    |     |
| Mobile Phase A     | Water, 0.1% formic acid   |                    |     |
| Mobile Phase B     | Methanol, 0.1% formic acid  |                    |     |
| Detector           | ESI (-) MS/MS   |                    |     |
| Valve Position     | Time (min)  | Flow Rate (mL/min) | %B  |
| Waste              | 0.00  | 0.8                | 0   |
| MS                 | 0.50  | 0.8                | -   |
| MS                 | 1.74  | 0.8                | 100 |
| Waste              | 1.75  | 1.0                | -   |
| Waste              | 3.50  | 1.0                | 100 |
| Waste              | 3.51  | 0.8                | 0   |
| Waste              | 5.00  | 0.8                | 0   |

# Accuracy and Precision

- Calibration standards prepared in synthetic urine (UTAK)
- Linearity 30-2,000 ng/mL
- QC samples prepared over 3 days, analyzed in triplicate
- Intraday recovery 85.1-114.6%, %RSD<9.6
- Interday recovery 91.9-111.9%, %RSD<10.1

|         |               | Interday        |      |                 |      |                  |      |
|---------|---------------|-----------------|------|-----------------|------|------------------|------|
|         |               | LQC (100 ng/mL) |      | MQC (400 ng/mL) |      | HQC (1600 ng/mL) |      |
| Analyte | Urine Sample# | % Recovery      | %RSD | % Recovery      | %RSD | % Recovery       | %RSD |
| EtS     | CKD 1         | 111.9           | 1.5  | 100.1           | 6.7  | 106.9            | 4.0  |
|         | CKD 2         | 111.8           | 2.2  | 102.0           | 3.8  | 104.4            | 5.4  |
|         | 3             | 109.8           | 2.3  | 106.2           | 8.2  | 107.6            | 5.3  |
|         | 4             | 101.3           | 4.4  | 95.9            | 5.2  | 101.0            | 9.4  |
|         | 5             | 105.1           | 2.6  | 103.6           | 7.5  | 106.8            | 4.9  |
|         | 6             | 110.7           | 3.8  | 106.4           | 4.3  | 106.7            | 3.7  |
|         | synthetic     | 98.3            | 3.6  | 91.9            | 2.0  | 95.3             | 5.2  |
| EtG     | CKD 1         | 104.6           | 3.6  | 93.8            | 9.5  | 94.4             | 3.6  |
|         | CKD 2         | 96.5            | 6.7  | 94.1            | 0.9  | 100.2            | 2.5  |
|         | 3             | 107.4           | 6.8  | 100.1           | 6.8  | 104.1            | 5.7  |
|         | 4             | 92.9            | 6.4  | 93.5            | 7.5  | 100.1            | 3.2  |
|         | 5             | 93.3            | 1.8  | 97.4            | 5.1  | 95.3             | 2.1  |
|         | 6             | 103.5           | 10.1 | 96.6            | 7.5  | 95.1             | 3.2  |
|         | synthetic     | 103.1           | 4.1  | 100.2           | 4.2  | 100.0            | 9.3  |

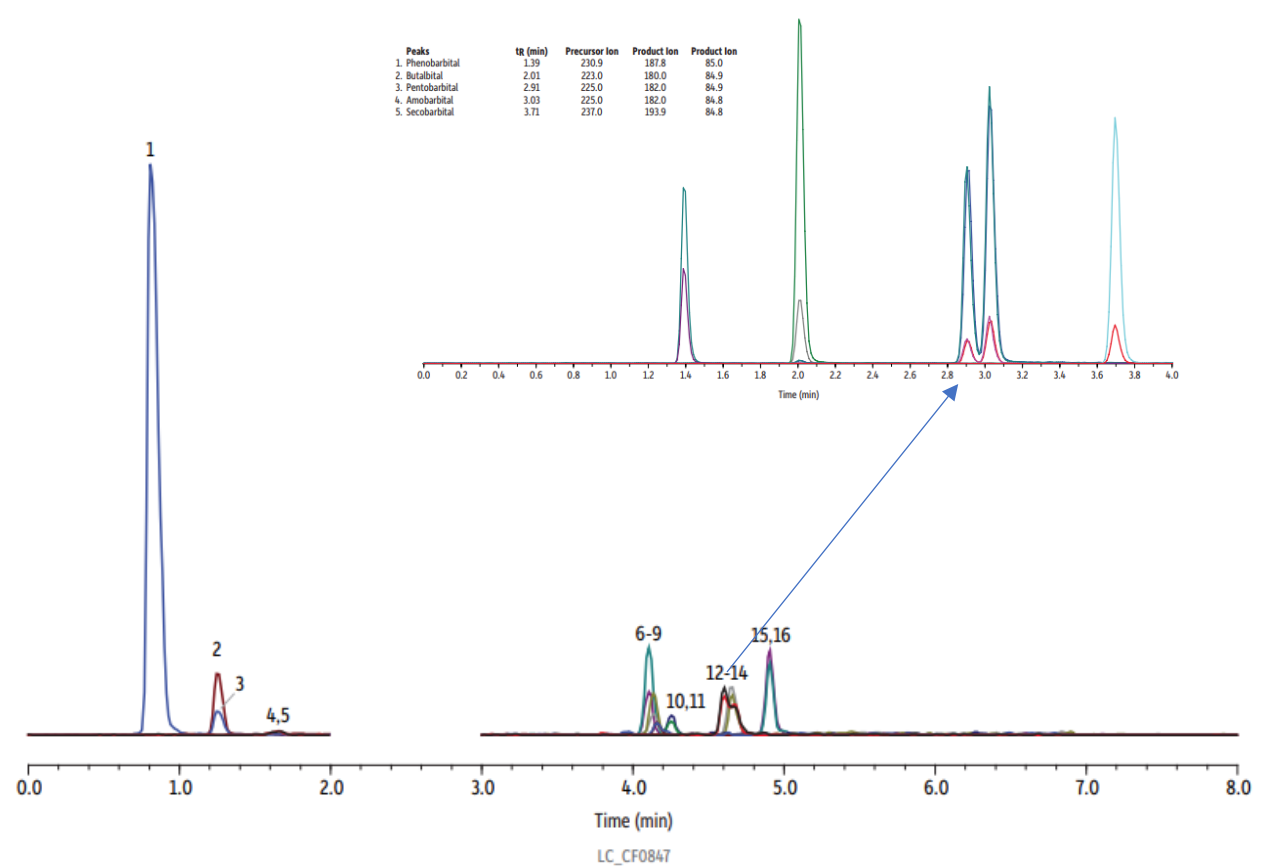
# Accuracy and Precision

|                        |                                  | UTAK EtG Plus Level 1 Urine Control |              | UTAK EtG Plus Level 2 Urine Control |              |
|------------------------|----------------------------------|-------------------------------------|--------------|-------------------------------------|--------------|
|                        | Analyte                          | EtG                                 | EtS          | EtG                                 | EtS          |
|                        | <b>Verified Value (ng/mL)</b>    | <b>510</b>                          | <b>240</b>   | <b>1800</b>                         | <b>800</b>   |
| <b>Day 1 (n=6)</b>     | % Recovery                       | 98.3                                | 97.5         | 106.2                               | 106.6        |
|                        | %RSD                             | 7.84                                | 3.50         | 5.68                                | 4.80         |
|                        | Calculated Concentration (ng/mL) | 502                                 | 234          | 1912                                | 853          |
| <b>Day 2 (n=6)</b>     | % Recovery                       | 103.0                               | 101.7        | 104.0                               | 105.7        |
|                        | %RSD                             | 8.63                                | 7.29         | 4.85                                | 2.82         |
|                        | Calculated Concentration (ng/mL) | 523                                 | 245          | 1823                                | 831          |
| <b>Day 3 (n=6)</b>     | % Recovery                       | 103.3                               | 100.0        | 101.9                               | 101.2        |
|                        | %RSD                             | 10.91                               | 8.50         | 4.57                                | 3.62         |
|                        | Calculated Concentration (ng/mL) | 524                                 | 240          | 1784                                | 795          |
| <b>Interday (n=18)</b> | % Recovery                       | <b>101.6</b>                        | <b>100.0</b> | <b>104.1</b>                        | <b>104.5</b> |
|                        | %RSD                             | <b>2.75</b>                         | <b>2.13</b>  | <b>2.07</b>                         | <b>2.78</b>  |
|                        | Calculated Concentration (ng/mL) | 516                                 | 240          | 1840                                | 826          |

**EtG Plus Level 1 & Level 2 (UTAK) prepared 6x**

# Combined Method

- Barbiturates can often require separate panel, negative mode
- Consolidate barbiturates with alcohol metabolites, negative mode panel
- Amobarbital and pentobarbital can be identified using secondary method when needed

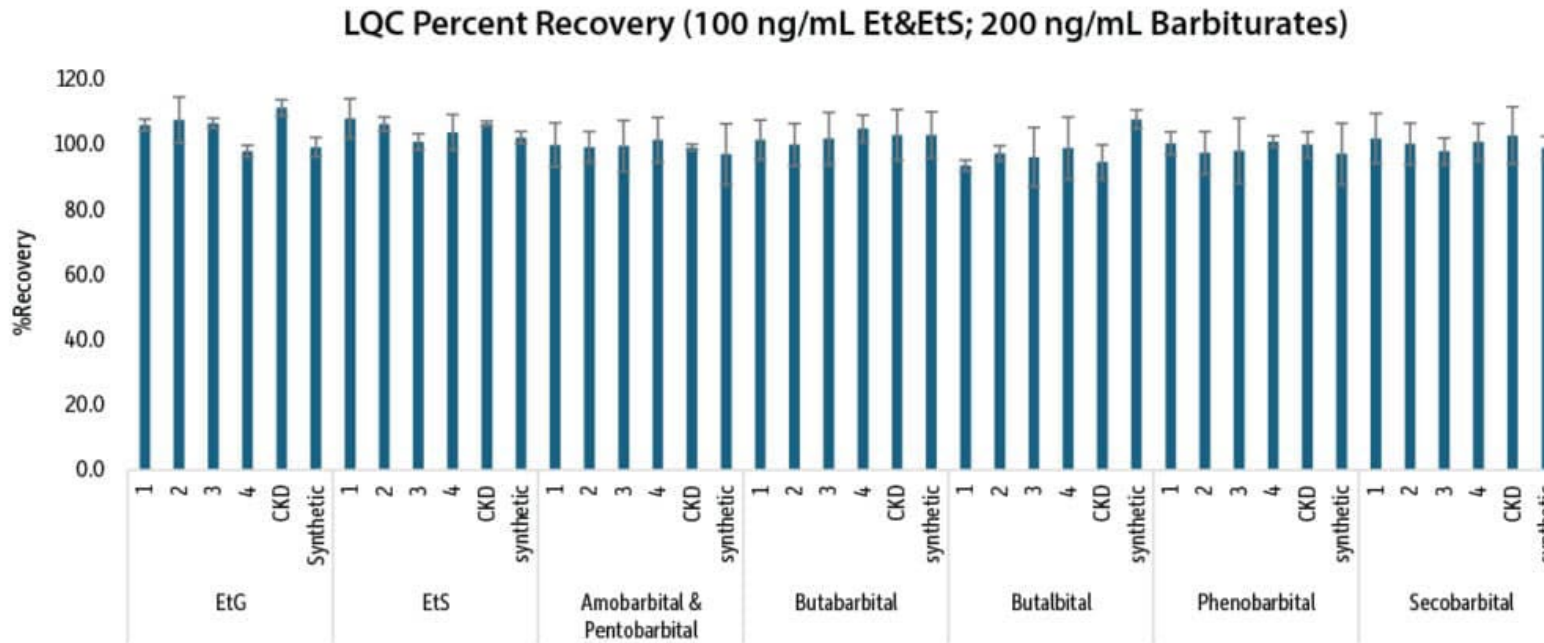


| Peaks                   | tt (min) | Conc. (ng/mL) | Precursor | Product 1 | Product 2 | Peaks               | tt (min) | Conc. (ng/mL) | Precursor | Product 1 | Product 2 |
|-------------------------|----------|---------------|-----------|-----------|-----------|---------------------|----------|---------------|-----------|-----------|-----------|
| 1. Urinary interference | 0.89     | -             | 125.0     | 80.1      | -         | 9. Butabarbital     | 4.19     | 200           | 211.0     | 168.3     | 42.0      |
| 2. EtS                  | 1.22     | 100           | 125.0     | 96.8      | 80.1      | 10. Butalbital-d5   | 4.23     | 4000          | 228.0     | 185.3     | -         |
| 3. EtS-d5               | 1.21     | 1000          | 130.0     | 97.9      | -         | 11. Butalbital      | 4.27     | 200           | 223.0     | 42.1      | 180.3     |
| 4. EtG                  | 1.65     | 100           | 221.1     | 75.1      | 85.2      | 12. Amobarbital     | 4.63     | 200           | 225.0     | 182.3     | 42.1      |
| 5. EtG-d5               | 1.64     | 2000          | 226.0     | 75.0      | -         | 13. Amobarbital-d5  | 4.69     | 4000          | 230.0     | 42.0      | -         |
| 6. Phenobarbital-d5     | 4.15     | 4000          | 236.0     | 42.0      | -         | 14. Pentobarbital   | 4.71     | 200           | 225.0     | 182.3     | 42.1      |
| 7. Phenobarbital        | 4.18     | 200           | 231.2     | 42.1      | 188.1     | 15. Secobarbital-d5 | 4.92     | 4000          | 242.0     | 199.3     | -         |
| 8. Butabarbital-d5      | 4.18     | 4000          | 216       | 41.9      | -         | 16. Secobarbital    | 4.94     | 200           | 237.0     | 42.1      | 194.2     |

**Column** Force Biphenyl (cat.# 962931E)  
**Dimensions:** 100 mm x 3 mm ID  
**Particle Size:** 3 µm  
**Pore Size:** 100 Å  
**Guard Column:** Force Biphenyl EXP guard cartridge 5 mm, 3 mm ID, 3 µm (cat.# 962950253)  
**Temp.:** 30 °C

# Combined Method Accuracy and Precision

- Calibration standards prepared in synthetic urine (UTAK)
- Linearity 30-2,000 ng/mL alcohol metabolites, 60-4,000
- QC samples prepared over 3 days, analyzed in triplicate
- Intraday recovery 87.3-114.8%, RSD<10.7%
- Interday recovery 92.7-112.9%, RSD<11.9%



# Conclusions

- **Reversed phase chromatography was implemented for the analysis of EtG & EtS**
- **Matrix interferences resolved, no pre-conditioning**
- **Developed using various urine types, including CKD, and calibration performed using synthetic urine**
- **Dedicated method targeting alcohol metabolites and consolidated method for both alcohol metabolites & barbiturates**
- **Additional flexibility with Force Biphenyl to utilize the column for other panels (DOA), reducing the need for column switching**